

2010 PROFESSIONAL DEVELOPMENT OPPORTUNITIES
FOR QUEENSLAND HOME ECONOMICS PROFESSIONALS

2010 Essentially...



Curricula

Digital

Nutritious

Essentially—the word conjures up many images. But for HEIA(Q) in 2010, it is what will essentially make a difference to home economics in Queensland—whether to our professional status, our members, or our students of home economics.

The HEIA(Q) 2010 professional learning program, 'Essentially', comprises:

- the one-day state conference
- ten regional workshops.



The Conference

Saturday 7 August, Brisbane Convention and Exhibition Centre

Essentially digital—Impacts and imperatives for Home Economics

will look at how the digital world is impacting positively and negatively on major home economics interest areas—food, textiles, personal relationships and teachers' professional practice, including effective pedagogies using digital media.

A separate brochure will be sent for conference registration.

For further information: www.heia.com.au/heiaq

Lyn Greenfield, Echo Events Australia

Telephone: 07 3272 0950; Mobile: 0423 907 059 Email: heiaqconference@echoevents.com.au



Regional One-Day Workshops

The regional workshops will centre around:

Essentially curricula—assessment and standards for the Essential Learnings
Essentially nutritious—contemporary issues related to nutrition and food
FoodChoices curriculum resource—*So what's new?*

Workshop 1

Essentially curricula—Addressing the curriculum and assessment demands for Queensland home economics teachers

Presenter: Dr Janet Reynolds

2–3 hours, dependent upon the regional program

This workshop is a practical hands-on workshop with a focus on assessment, all located in the context of both current QCAR and upcoming national curriculum demands. The introduction will provide an update on the Australian (national) curriculum and what that means for the Queensland curriculum, and in particular home economics education. Participants will then move into workshop mode and enhance their skills in developing quality assessment tasks and associated guides to making judgments. The 'take-home' product will be an assessment task and guide to making judgments that has been, to an extent, quality assured. The workshop will include a discussion of 'hot topics' in assessment. With a focus on assessment, this workshop will build on previous workshops offered by HEIA(Q) in this area of professional learning.

WHAT THE WORKSHOP WILL LOOK LIKE

Part 1 QCAR, Australian (national) curriculum and home economics education

The intent of the introduction to the workshop is to provide an update of and discussion about the current curriculum landscape in Queensland in light of the Australian curriculum. It will outline the curriculum priorities in light of the Australian curriculum and what it means for the current Queensland Curriculum, Assessment and Reporting (QCAR) framework, and in particular what it means for home economics education

in the compulsory years of schooling.

Part 2 Assessment

The focus of the workshop will be on participants developing rich assessment tasks based on the Essential Learnings and associated standards. Specific guidance will be given on the construction of guides to making judgments that align with the QCAR assessable elements and descriptors of quality. Assessments will be developed that are in line with Queensland's curriculum for Years 1–9. The concomitant focused teaching to improve the standards of student learning will be discussed. Participants are encouraged to bring along an idea for a unit of work for which they wish to develop or refine an assessment task, or the unit itself if they have this.

Part 3 Discussion

Participants will discuss assessment issues such as how to assess reflection, and how to make on-balance judgments in the context of QCAR.

WHO SHOULD COME?

This workshop is aimed at anyone who is interested in current curriculum issues and good practice, especially as it pertains to assessment in the compulsory years of schooling. Participants will be working on their own assessments so all are welcome regardless of the curriculum area in which they are working.

WHAT YOU WILL NEED

Participants should bring:

- A unit of work or curriculum idea for which they wish to develop the assessment task
- The curriculum intent (typically the Essential Learnings) for the unit/curriculum idea
- A laptop if wishing to work electronically (not essential)

PROFESSIONAL STANDARDS

The workshop will focus on the following professional standard for teachers:

- S5: Assess and report constructively on student learning

Hours of professional development: 2 hours or more, dependent upon the regional program

COST

Members: \$44.00

Non-members: \$66.00

NOTE: The cost is for attending the workshop when it is presented as a stand-alone workshop. If the workshop is presented as part of a package, then the cost will take into account refreshments. Please consult the specific regional event that you plan to attend for costs for each regional package.

Costs include GST

Workshop 2

Essentially nutritious—Addressing contemporary issues related to nutrition and food

Presenters: All presenters are from Nutrition Australia

2 hours

The continued state and national agendas related to food and nutrition make this area a priority for home economics. Whilst the 2007 nutrition education conference gave us the 'how to' messages, in 2010 HEIA(Q) will deliver an **essentially nutritious** update—an update of our disciplinary knowledge related to food and nutrition, along with fresh ideas for how 'essentially nutritious' concepts can be played out in practical foods classes.

WHAT THE WORKSHOP WILL LOOK LIKE

Part 1 Nutrition update

This part of the workshop will be an update of topics such as nutrient reference values, the nutritional value of organic foods versus non-organic, mandatory food fortification, trans fats, essential fatty acids, plant sterols etc. There will be opportunity to discuss the relevance of these to our everyday lives and/or to the school curriculum and the 'where and how' they might be included.

Part 2 Playing out good nutrition in the kitchen

The presenter will introduce food ideas that complement the theoretical nutrition update. Participants will be able to taste the foods, as well as discuss their own ideas for 'walking the talk' when it comes to preparing food, whether in the home kitchen or in the professional environment, that reflects current thinking in nutritional health.

WHO SHOULD COME?

This workshop is aimed at anyone who is interested in food and nutrition.

WHAT YOU WILL NEED

Participants should bring:

- Ideas for 'healthy' food preparation that you are prepared to share with the group. Try to bring ideas that are fabulous, healthy and do not take too long to make. If possible, bring along a print

copy of your idea/recipe for everyone in the group (approximately 18).

PROFESSIONAL STANDARDS

The workshop will focus on the following professional standards for teachers:

- S1 Design and implement engaging and flexible learning experiences for individuals and groups
- S10 Commit to reflective practice and ongoing professional renewal

Hours of professional development: 2 hours

COST

Members: \$44.00

Non-members: \$66.00

NOTE: The cost is for attending the workshop when it is presented as a stand-alone workshop. If the workshop is presented as part of a package, then the cost will take into account refreshments. Please consult the specific regional event that you plan to attend for costs for each regional package.

Costs include GST

Gold Sponsorship

HEIA(Q) is proud to announce that this workshop is sponsored by Queensland Health



Queensland Government
Queensland Health

Workshop 3

FoodChoices curriculum resource—So what's new?

Presenter: Dr Janet Reynolds

This is a 2-hour workshop, or longer if requested by a region

The newly revised *FoodChoices* was released in January 2009 after Xyris Software (Australia) Pty Ltd worked collaboratively with HEIA to revise the resource. The new features include: analyses that reflect the release of the nutrient reference values; an added feature to calculate the percentage energy from saturated fat; the ability to search for foods that are rich or low in a specified nutrient; and the nutrition information panel feature, previously purchased separately, being part of the resource. Changes to the curriculum resources include revisions to the existing curriculum units, including steps to reflect the nutrient reference values along with five new curriculum units. The resource is available online with students and teachers able to access the software program from their home computers. The workshop will explore the new features, including some background on the changes—for example, nutrient reference values and what they mean for the home economics classroom.

WHAT THE WORKSHOP WILL LOOK LIKE

Part 1. Introduction

A brief introduction will outline why the resource was revised and introduce the new features

Part 2 Hands-on exploration of the resource

This section will form the bulk of the workshop. The presenter will demonstrate the features of the resource with participants able to practice all the features on either a computer provided or their own laptop if preferred. This will include analysing a diet in terms of the nutrient reference values, making a nutrition information panel, importing analyses into a Word document and developing and printing graphs of the analyses.

Part 3 Curriculum support

The new resource includes a wealth of resources for classroom use. They are all in full colour and can be filled in electronically. There are 16 Student Challenges, nine Fact Files and 44 Task Sheets, all designed to complement each other to form at least 16 units of work that can be used across Grades 8–12. This session will explore these resources.

WHO SHOULD COME?

This workshop is aimed at anyone who is interested in dietary analysis software, and in particular, *FoodChoices*.

WHAT YOU WILL NEED

Participants should bring:

- Personal laptop if you prefer to use your own computer (PCs will be provided at the workshop)

PROFESSIONAL STANDARDS

The workshop will focus on the following professional standards for teachers:

- S1 Design and implement engaging and flexible learning experiences for individuals and groups
- S3 Design and implement intellectually challenging learning experiences
- S10 Commit to reflective practice and ongoing professional renewal

Hours of professional development: 2 hours or more, dependent upon the regional program

COST

Members: \$22.00

Non-members: \$33.00

Costs include GST

NOTE: The cost is for attending the workshop when it is presented as a stand-alone workshop. If the workshop is presented as part of a package, then the cost will take into account refreshments. Please consult the specific regional event that you plan to attend for costs for each regional package.

TERM 2

Brisbane South

Saturday 8 May, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

Clairvaux Mackillop College

117 Malcolm Street, Hawthorne

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

Wide Bay

Thursday 13 May, 3.15pm – 5.15pm

Essentially nutritious Workshop

Urangan SHS

Robert Street

Hervey Bay

Cost: Members \$44.00

Non members \$66.00

Gold Coast

Tuesday 18 May, 4.00pm – 6.00pm

Essentially nutritious Workshop

Trinity Lutheran College

Ashmore Road

Ashmore

Cost: Members \$44.00

Non members \$66.00

Brisbane West

Thursday 20 May, 4.00pm – 6.00pm

Essentially curricula Workshop

Ipswich State High School

1 Hunter Street

Brassall

Cost: Members \$44.00

Non members \$66.00

Sunshine Coast

Saturday 22 May, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

Mountain Creek SHS

Lady Musgrave Drive

Mountain Creek

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

Wide Bay

Wednesday 9 June, 3.15pm – 5.15pm

Essentially curricula Workshop

Urangan SHS

Robert Street

Hervey Bay

Cost: Members \$44.00

Non members \$66.00

Roma

Monday 21 June, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

Roma State College

Timbury Street

Roma

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

TERM 3

Mackay

Monday 12 July, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

Mackay North SHS

Valley Street, Mackay North

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

Rockhampton

Wednesday 21 July, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

The Cathedral College

William Street, Rockhampton

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

Cairns

Saturday 24 July, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

Cairns (school to be advised)

Cost: Members \$108.00,

Non members \$152.00

Morning tea & lunch included

Gold Coast

Tuesday 27 July, 4.00pm – 6.00pm

Essentially curricula Workshop

Trinity Lutheran College

Ashmore Road, Ashmore

Cost: Members \$44.00

Non members \$66.00

Brisbane West

Thursday 29 July, 4.00pm – 6.00pm

Essentially nutritious Workshop

Ipswich State High School

1 Hunter Street, Brassall

Cost: Members \$44.00

Non members \$66.00

Brisbane North

Saturday 21 August, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

Mt Alvernia College

82 Cremorne Road, Kedron

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

Darling Downs

Saturday 28 August, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

Location to be advised

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

Townsville

Saturday 4 September, 9.00am – 3.00pm

*Essentially curricula and
Essentially nutritious Workshops*

St Margaret Mary's College

1-9 Crowle Street, Hyde Park

Cost: Members \$108.00

Non members \$152.00

Morning tea & lunch included

For further information regarding **workshop content**, contact Yve Rutch by telephone on 07 3353 1266 or email: rutchy@northside.org.au

For questions regarding **registration during term 2**, contact Yve Rutch by telephone on 07 3353 1266 or email: rutchy@northside.org.au

For questions regarding **registration during terms 3 and 4**, contact Denise McManus on telephone 07 3865 1401 or email: zzdmcman@westnet.com.au

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REGISTRATION PROCEDURES

This registration form is for the regional workshops. A separate brochure will be sent for conference registration. Upon payment the registration form will become your tax invoice. Photocopy and complete the registration form and send to the address indicated at the bottom of this form. The final date for registration is one week prior to the workshop date.

HEIA(Q) PROFESSIONAL DEVELOPMENT 2010

Essentially.....

Workshop Registration Form/Tax Invoice

ABN – 76 337 613 647 – all prices quoted are GST inclusive

PLEASE PHOTOCOPY THIS FORM AS YOUR TAX INVOICE

(Please PRINT clearly)

Title	First name	Surname	
Work Location			
Address			
Email	Telephone	Fax	
Tick box as appropriate: <input type="checkbox"/> HEIA Member <input type="checkbox"/> Non-member			
Any special requirements (e.g. dietary, mobility, etc.):			

I WOULD LIKE TO ATTEND THE FOLLOWING:

Location:	Date: / /
Workshop/s:	Cost:

Please complete separate registration forms for workshops held on different days.

PAYMENT OPTIONS (please indicate)

- Cheque or Money Order** Please make payable to *Home Economics Institute of Australia (QLD)*
- Direct Deposit** (Commonwealth Bank of Australia)
BSB: 064118 Account number: 00906586
Account name: *Home Economics Institute of Australia Inc (Qld division)*

PLEASE STATE **"WORKSHOP – (YOUR SURNAME OR SCHOOL NAME)"** AS THE REFERENCE NUMBER.

Please submit the completed registration form to arrive no less than 7 days before the workshop, by posting or faxing to:

TERM 2 - Yve Rutch, Northside Christian College,
151 Flockton Street, Everton Park, Q 4053 Fax: 07 3353 4628

TERMS 3 & 4 - Denise McManus, 27 Keppel Street, Boondall, Q 4034 Fax: 07 3865 1401



Payment should be received at least one week prior to the workshop date.

Confirmation of registration will be sent to the registrant. Contact will be made in the event that a session is cancelled or no further places are available. If you do not receive a confirmation you have not been registered.