

Food & Culture – Indian experience



Saturday June 18th 11 am - 2:00 pm

Dhaba at the Spice Kitchen

252 Kensington Road, Leabrook

Cost – members \$30, non-members \$35

The workshop includes:

Guest Speaker—Ragini Dey from the Spice Kitchen

Topics including: Major influences on Indian cuisine, vegetarianism, northern and southern cuisine, how the modern western diet has influence in India, nutrition and Indian cuisine, the history, uses and benefits of herbs and spices in cooking, Indian cuisines influence on the Australian food scene and much more

Delicious food in abundance

The opportunity to try different types of sweet and savoury Indian food and learn how to make Samosas, you own unique blend of spices for a marinade, Naan, Chai tea...

How to link the information and experience into a unit of work In Food & Hospitality or Food & Culture at any age level.

Student notes and worksheets available at the workshop.

Ragini offers a workshop to school groups catered to your needs. You choose the topic focus of the excursion. Price varies depending on student numbers - discussed at workshop.

& Networking

Of course!



Please RSVP by Friday 10th June at the latest to Julie Taylor by email:

jtaylor@aphs.sa.edu.au

Please let Julie know if you have any dietary requirements

Payment options: Payment must be made by the 10th June to secure booking.

Cheque - Please make cheques payable to HEIA (S A)

Transfer - Credit Union SA BSB 805-007 A/c 00712665

Please list your name and 'Spice' as a reference

When paying by bank transfer please email Julie your details and that you have paid so we know to expect you