

Professional

Development



Home Economics Institute WA

2010



2010 PROFESSIONAL DEVELOPMENT PROGRAM

The Professional Development Program is presented to you by the executive of HEIA WA.

In this period of rapid change in our education system, we are endeavouring to support you, the home economics teacher by providing a varied professional development program. Our professional development sessions this year focus on continued improvement in curriculum planning and implementation in a wide range of areas.

With the implementation of new upper school courses underway, I encourage you to take advantage of the PD we have available to you and immerse yourself to ensure you are ready to implement this change.

Substantial discounts are offered to members including student members. We see this as a valuable investment for the future and encourage students to become members, and take advantage of the PD sessions.

Sessions continue to be offered at rates that are both reasonable and also enable ongoing costs to be met, thus ensuring the ongoing viability of our organisation. Thanks to the executive members of HEIA WA and the many presenters who give so much in order to ensure the ongoing success of HEIA WA.

There is an obvious financial benefit to being a member of HEIA, and we encourage you to renew your membership early, and ask that you to encourage your colleagues to become members also.

We wish you a happy and successful year and look forward to your participation in our PD sessions.

Sue-Ellen Symons
PD Convenor



HOW TO REGISTER

It is imperative to register to ensure there are enough resource materials produced for all attendees.

PHOTOCOPY THE REGISTRATION FORM OR DOWNLOAD IT FROM THE WEBSITE. This is located on the back inside cover of this Westward Home (and included in each edition)

COMPLETE THE REGISTRATION FORM. Please include your email address as this form of communication keeps costs to a minimum.

MAIL, FAX OR EMAIL THE REGISTRATION FORM WITH PAYMENT ASAP (before the closing date) with either a cheque or credit card details to the following;

Lyn Diver
HEIA (WA)
PO Box 196
Subiaco WA 6904
FAX 9470 5082 - Att: Home Economics Lyn Diver PD Treasurer
Email: lyn.diver@det.wa.edu.au

OTHER IMPORTANT POINTS TO REMEMBER

- To avoid confusion please fax your registration yourself and remind your Registrar/Bursar that payment for PD should be sent to the WA Division PO Box 196 SUBIACO WA 6904.
- Confirmation will be sent confirming your place via email.
- Each session has a closing date for registration. Please ensure that you register before the closing date to secure your place and to enable presenters to prepare for the number of participants. Low registrations may lead to the cancellation of a session. If a session is cancelled the PD coordinator will contact all people who have registered. You will be contacted by email, fax, or as a last resort telephone only if the session is cancelled. Including all your details on your registration will assist us in making contact if required.
- If you are unable to attend a session that you have registered for, please notify Lyn Diver at least 48 hours prior to the session. Failure to do so will result in the full fee being charged.



Food Choices Software Update

4.00pm - 6.00pm

Wednesday 24th February

Tuesday 10th August (repeat session)

Methodist Ladies College (Resource Centre)

356 Stirling Highway, Claremont

The Food Choices Curriculum Resource is the successor to the popular Food choices the IT way. This workshop will be a hands-on workshop where you get to work with all of the different features of the package. It will help you to cover several content areas for Food Science and Technology.

Industry Visit - Fabulous Fabrics, Balcatta

9.00am - 12.00pm

Monday 1st March

Unit 1/ 160 Erindale Road, Balcatta

A guided tour of fibres and fabrics with the industry expert. Chris Hearn will share her knowledge and experience of fibres, fabrics and embellishments, including an insight into worldwide trends, overseas buying, ethics and sustainability in the rag trade.

During this industry visit Chris and the staff of Fabulous Fabrics will discuss new fibres, fabrics and technologies that are currently available; show new fabrics, notions embellishments that are available and being employed on fabrics – how and where these are being made; gain an insight into worldwide trends and buying overseas and finally explore ethics and sustainability issues in the rag trade.

This workshop is suitable for teachers of both upper and lower school textiles courses.

World Home Economics Day

7.15pm

Wednesday 24th March

One World Cuisine

Shop 7, 23 South St Kardinya (Next to Supa IGA)

One world cuisine is a vegan restaurant founded on the principle of vegetarianism being a more sustainable and healthy lifestyle choice. The production of plant based foods requires fewer resources to produce them, than the production of animal products and therefore is seen as a strategy in the slowing of global warming. This restaurant aims to reach as many people as they can to encourage people to include more vegetarian meals in their diet.

The restaurant is funded by its owners and by the contributions diners make. Many of the people who work in the restaurant are volunteers. Usually the restaurant asks people to pay what they can afford for their meal. Your registration fee for this event will be donated to the restaurant.

During the evening one of the co-founders of the One World Restaurant will speak to us about the philosophy of the restaurant and the journey so far.



This celebration of World Home Economics day will certainly provide plenty to think about and links with sustainability and food safety issues in our curriculum will be able to be explored. If you would like to know more please browse the website www.oneworldcuisine.com.au

Register early to join this celebration of World Home Economics Day as places are limited.

ADDITIONAL PD

Food & Nutrition Short Courses - Curtin University

4.00pm - 6.00pm

Wednesday 24th March, 31st March, 14th April and 21st April

Curtin University

Hayman Road, Bentley

Topics include Health Claims and Food Labelling, Food Innovation, When is food not healthy nor food? And Vitamins in Food. Cost is \$200 for all 4 labs with a minimum of 20 teachers. Teacher can attend 1, 2 or 3 or 4 sessions. Courses need a minimum of 20 people to go ahead, please ensure you book in.

Food & Nutrition Update – Fact or Fiction

4.00pm - 6.00pm

Wednesday 31st March

Kent Street Senior High School

Rathay Street, East Vic Park

With magazines, newspaper and television and Internet advertisements full of information about food and claims about particular products it is not easy to sort nutrition facts from fiction.

Dr Amanda Devine from Edith Cowan University will tackle contemporary topics and keep you up-to-date with the latest information and findings. Amanda will also suggest strategies to use in the classroom

One session is planned but if there is a demand there can be a session each term.

All about OLIVES

4.00pm - 6.00pm

Tuesday 27th April and Tuesday 4th May

Applecross Senior High School

Links Road, Adross

Learn all about olives in two consecutive sessions. Stan will identify the various types of olives and how their sensory/physical characteristics change with processing. The nutritional value of olives; why some oils are better for you than others; and the impact of a Mediterranean diet will be discussed. Stan will then demonstrate various olive pickling techniques you can try later in the classroom. These workshops are a thorough investigation of a food commodity and the knowledge gained could easily be incorporated into a lower and upper school foods courses.



Food & Nutrition series (Condensed repeat of 2009)

Saturday Workshop 9.00am - 4.00pm

Saturday 8th May

Bunbury Cathedral Grammar

5 Allen Road, Gelorup WA 6230

This is a repeat of the highly regarded 2008 and 2009, 4 session Food Science and Technology (FS&T) professional development provided by Dr Amanda Devine, Edith Cowan University condensed into a one day session for country schools. The content directly relates to each stage of the Nature of food and Food in society content. At each session, participants will relate the selected content to the requirements of the identified unit.

While the professional development sessions specifically relate to the Food Science and Technology course the content covered will inform what is taught in years 8-10.

Dr Devine is Senior Lecturer in the School of Biomedical Sports and Science, nutrition program, Edith Cowan University. Her research is in the area of bone and calcium disorders. She is also Chair of Nutrition Australia, WA Division and a member of the Food Science and Technology, Assessment, Review and Moderation Panel (ARM).

Patterns & Principles at the Adolescent Phase of Development

Time TBA

Date TBA

Venue TBA

The focus of Dr Anna Targowska's presentation is on Bronfenbrenner's theory and its implications for adolescent development. The session will include the social and emotional consequences of puberty and sexual preferences.

Dr Targowska is the Coordinator of Children and Family Studies at Edith Cowan University

Coffee Awareness

9.00am - 4.00pm

Saturday 29th May

Aroma Café Headquarters

18 Peel Rd O'Connor

Adrian Mule from Aroma cafe will teach you everything that there is to know about making the perfect cup of coffee. He will introduce you to the technicalities of coffee roasting, extracting the perfect shot of coffee, tamping, grinding, texturing milk, latte art and a whole lot more. Adrian's passion for everything pertaining to coffee will inspire you to go home and start experimenting!



Pattern making and alteration

Time TBA

Date TBA

Polytechnic (Formerly SWAN TAFE)

Bentley Campus Hayman Road, Bentley

Come and play with patterns by making, adapting and using patterns. Participants will learn;

- Pattern making
- Pattern adaptation
- Draping using mannequins
- sustainability and ethics in the fashion industry.
- expectations for students moving on to TAFE and UNI courses in this area.

This is a great workshop to assist in developing your textiles skills for both upper and lower school textile courses.

Certificate Course - Present and Serve Espresso Coffee

9.00am - 4.00pm

Saturday 1st August (5 consecutive Saturdays)

West Coast Institute of Training (Formerly West Coast TAFE)

Joondalup Campus 35 Kendrew Crescent, Joondalup

This is a certified course delivered by the West Coast Institute of Training (formerly West Coast TAFE), which allows participants to develop skills and knowledge in history of coffee; extraction of coffee, texturing of milk preparation and presentation of a variety of coffees from a short black to an affagatto using commercial Barista machines. Participants of this workshop can achieve a unit of competency for in Present and Serve Coffee (SITHFAB012A) through completion of the 30 course, self paced work booklet and practical test.

This course will allow you to explore coffee as a commodity for Food Science and Technology. In addition to allowing you to use your skills and knowledge developed in this course assist lower school students present a coffee shop as a small business as well as mastering your own domestic coffee machine.

Numbers for this course are limited so register early.

Term ONE

PD Title	Date and Time	Number of Participants	Venue	**Cost	Closing Date for Registrations
Food Choices Software Update	Wednesday 24th February 4.00pm - 6.00pm	20	Methodist Ladies College (resource Centre) 356 Stirling Highway Claremont	M: \$30.00 NM: \$50.00 SM: \$25.00 SNM: \$50.00	3.00pm Friday 12th February
Network Industry Visit - Fabulous Fabrics	Monday 2nd March 9.00am - 12.00pm		Fabulous Fabrics Unit 1 16 Balcatta Road Balcatta	M: \$20.00 NM: \$30.00 SM: \$15.00 SNM: \$30.00	3.00pm Friday 21st February
World Home economics Day (Payment will be donated to One World Cuisine)	Wednesday 24th March	40	One World Cuisine Shop 7, 23 South St Kardinya (Next to Supa IGA)	M: \$20.00 NM: \$20.00 SM: \$20.00 SNM: \$20.00	3.00pm Tuesday 16th March (Places are limited)
Food and Nutrition Short Courses	Wednesday 24th March, Wednesday 31st March, Wednesday 14th April, Wednesday 21st April	Must have 20 to go ahead	Curtin University (a map will be sent to participants upon payment)	\$50.00 per workshop for \$200.00 for series	3.00pm Tuesday 16th March
Food and Nutrition Update - Facts and Fiction	Wednesday 31st March 4.00pm -6.00pm		Kent Street Senior High School Rathay Street, East Vic Park	M: \$30.00 NM: \$50.00 SM: \$25.00 SNM: \$50.00	3.00pm Friday 21st March

**Costs M = Members NM = Non Members SM = Student Members SNM = Student Non Members

Term TWO

PD Title	Date and Time	Number of Participants	Venue	**Cost	Closing Date for Registrations
All about Olives	Tuesday 27th April and Tuesday 4th May 4.00pm - 6.00pm		Applecross Senior High School Links Road, Adross	M: \$30.00 NM: \$50.00 SM: \$25.00 SNM: \$50.00	3.00pm Friday 16th April
Food and Nutrition series (condensed repeat of 2008/9 series of 4)	Saturday 8th May 9.00am – 4.00pm		Bunbury Cathedral Grammar School 5 Allen Road, Geelorum	M: \$80.00 NM: \$120.00 SM: \$40.00 SNM: \$60.00	3.00pm Friday 24th April
Patterns and Principles at the Adolescent Phase of Development	Date TBA Time TBA		TBA	M: \$30.00 NM: \$50.00 SM: \$25.00 SNM: \$50.00	TBA
Coffee Awareness	Saturday 29th May 9.00am - 4.00pm		Aroma Cafe Headquarters 18 Peel Road O'Connor	M: \$100.00 NM: \$100.00 SM: \$100.00 SNM: \$100.00	3.00pm Friday 21st May
Pattern Making and Alteration	Date TBA Time TBA		Polytechnic (formerly Swan TAFE) Hayman Road Bentley	M: \$80.00 NM: \$120.00 SM: \$40.00 SNM: \$60.00	TBA

**Costs M = Members NM = Non Members SM = Student Members SNM = Student Non Members

Term THREE

PD Title	Date and Time	Number of Participants	Venue	**Cost	Closing Date for Registrations
Present and Serve Coffee - WCIT Joondalup (Formerly West Coast TAFE)	5 weeks Start Saturday 1st August Finish Saturday 29th August 9.00am - 4.00pm	12	West Coast Institute of Technology 35 Kendrew Crescent Joondalup	M: \$115.00 NM: \$115.00 SM: \$115.00 SNM: \$115.00	3.00pm Friday 2nd July
Food Choices Software Update	Tuesday 10th August (repeat of Term 1) 4.00pm - 6.00pm	20	Methodist Ladies College (resource Centre) 356 Stirling Highway Claremont	M: \$30.00 NM: \$50.00 SM: \$25.00 SNM: \$50.00	3.00pm Friday 6th August

**Costs M = Members NM = Non Members SM = Student Members SNM = Student Non Members

HEIA(WA) PROFESSIONAL DEVELOPMENT 2010
 REGISTRATION FORM
 TAX INVOICE
 ABN 39 106 324 493

Photocopy or download from our website and complete the form below and post, fax or email to:

Post: HEIA (WA Division)
 PO Box 196, Subiaco 6904
 Fax: ATT: Lyn Diver—Kent Street SHS Fax (08) 9470 5082
 Email to lyn.diver@det.wa.edu.au

By the closing date for the first session you wish to attend.

Name: _____

Contact Address: _____

Telephone: (W) _____ (H) _____ Fax: _____

Email: (required for confirmation of booking)

School / Workplace: _____

Membership Category (Please Tick)

Member Non Member Student Member Student Non Member

Workshop Title	Participant Name	Date	Cost

Please tick payment method:

I enclose a cheque made out to HEIA WA for \$ _____

Please debit my credit card account by \$ _____

Card Type: Mastercard Visa

Credit Card Number: _ _ _ _ - _ _ _ - _ _ _ - _ _ _

Name on card: _____ Expiry Date: _____

Card Holder's Signature: _____ Date: ___/___/___

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