



TIPS FOR WRITING YOUR JUSTIFICATION

NEED FOR SEEDS

Recipe 1:

Students are to develop a nutritious breakfast dish that incorporates an original seed blend.

Justification questions

1. Why did you select the combination of seeds and spices?
2. How did the original seed blend contribute to the sensory appeal of the breakfast dish e.g. its texture, taste/flavour, appearance, aroma?
3. Why do you think this breakfast dish is original?
4. What factors did you take into consideration to make ensure you were creating a nutritious breakfast dish?

Recipe 2:

Students are to prepare three different types of bite-sized snacks/ appetisers that can be served as part of a tasting plate.

Justification questions

1. In what ways did you make the items on the tasting plate original?
2. In what ways do the items on the tasting plate complement each other?
3. How do you think the seeds contribute to the sensory appeal of each item on the tasting plate e.g. in term of texture, taste/ flavour, appearance or aroma?
4. Why did you select each seed?

MEXICANA VEGANA

Recipe 1:

Students are to create a modern, savoury Mexican vegan dish.

Justification questions

1. How did you make this vegan Mexican dish original?
2. Why did you select the vegetable/s to use in the cheese/ creamy sauce?
3. How do the ingredients complement each other?
4. What factors did you consider when developing this vegan dish to make sure it had the traditional taste, texture and appeal of a Mexican dish?

Recipe 2:

Students are to create a vegan Mexican-inspired dessert.

Justification questions

1. How did you make this vegan Mexican dessert original?
2. How did the spiced biscuit/ meringue contribute to sensory appeal of the dish e.g. e.g. in term of texture, taste/flavour, appearance or aroma?
3. Why did you select your chosen ingredients to make a flavoured 'ice-cream'?
4. How do the ingredients complement each other?
5. What factors did you consider when developing this vegan dish to make sure it had the traditional taste, texture and appeal of a Mexican dish?